**Information about Limestone High School Girls Soccer Team**

Varsity Coach: Rob Fitch

Season: Spring

Tryout Date: approximately March 2

Season length: March through May

Pre-season training:

-Female athlete summer workouts: June-July Tues/Thurs Mornings 7:30am-9:00am

-Open field practices: June-July TBA (See website)

-Limestone Soccer Camp: Summer TBA

-Winter Indoor Soccer teams at Morton/Mossville/Pekin (student organized)

-Winter Indoor Soccer at Limestone Auxiliary Gym TBA

Requirements to play:

-a current physical (must have before tryouts)

-academically eligible

-good attitude

-good work ethic

Comments:

Limestone Girls Soccer program has a Varsity team consisting of mostly Junior and Senior players and a Freshmen/Sophomore team. No experience is necessary to play, although we love to get experienced players.

If you have any questions, feel free to contact Coach Fitch.

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Rob Fitch (Varsity Girls Coach and F/S Boys coach)

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Sports by Season

**Fall** **Winter** **Spring**

Boys Soccer Boys Basketball Girls Soccer

Football Girls Basketball Baseball

Girls Volleyball Wrestling Softball

Girls Tennis Cheerleading (Basketball) Girls Track

Cross Country Boys Track

Boys Golf Boys Tennis

Cheerleading (Football)

**Top Ten Reasons to Play Soccer**

1. You get to kick stuff.
2. Tall socks are cool.
3. Soccer players are athletically fit.
4. Tackling is done without pads.
5. It’s fun to run in the snow.
6. No experience is necessary.
7. It is the world’s game.
8. You can make new friends.
9. Coach Fitch is awesome.
10. Getting involved in high school will make your high school life more interesting.

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